# High risk women: the psychological impact

Natacha Espié Psychologue clinicienne Saint-Louis réseau sein Risk Breast Cancer



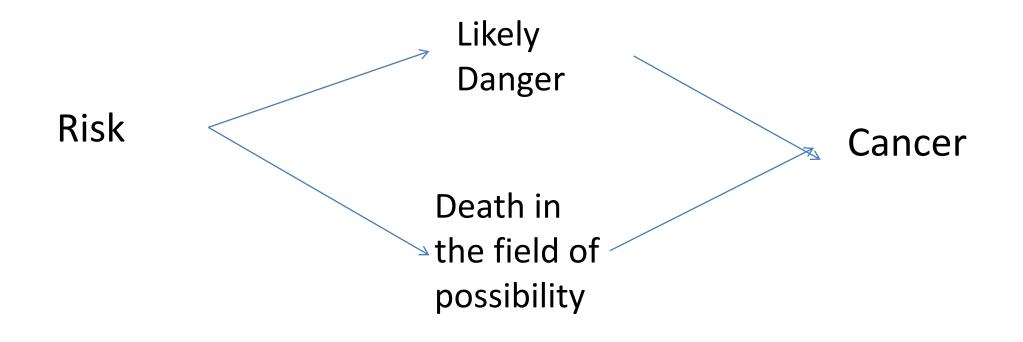
#### Objective Truth



#### Subjective Truth

Transmission:

- •Genes
- •Of the disease
- •Of cancer

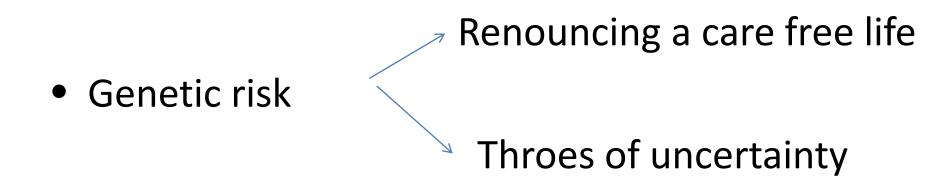


 The idea of our own death beyond our capacity for representation





High risk women →
 Symbolic castration
 → Loss and mourning
 of an eternal life



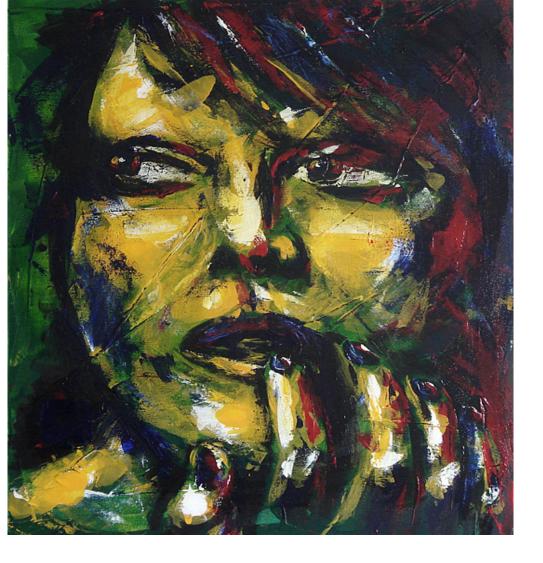
• Psychic impulses ever at work in oncology

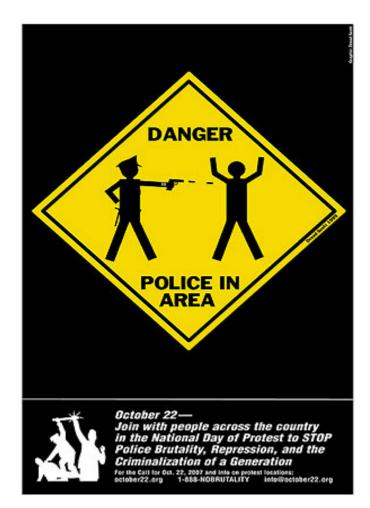
#### The days «before » Care free days





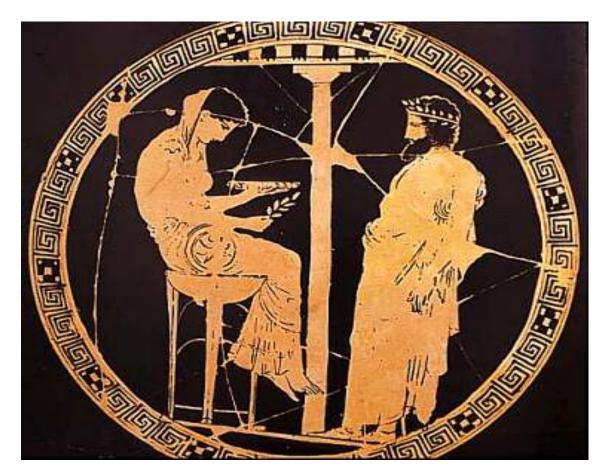
#### The days « after » days Of worry and anxiety





#### Uncertainty harder to bear than danger

- Role of the psyche:
  - Thwarting a prophecy
  - Giving rise to a hope,
    devising a life plan



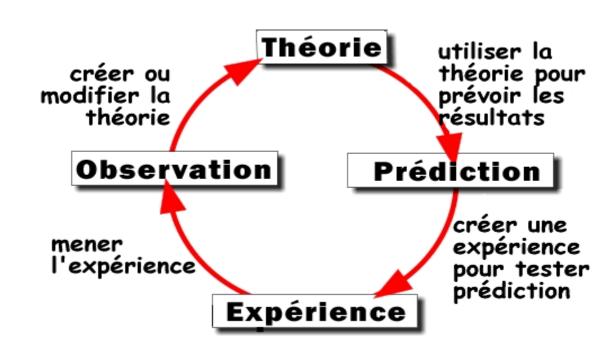
- To some women, notion of risk = psychic working
  Assimilating the piece of information
  - -Putting it into their personal history

## To be at risk = To be doomed

# Fear of collapsing

#### Encounter between fantasy and science





#### Various forms of uncertainty

Anxiety Fit of depression Mental confusion





## Anxiety is a feeling of an impending, inescapable danger

- Normal ≠ Pathological
- The answer of psychoanalysis is on the side of quantity, degree, excess

• To be at risk

•  $\rightarrow$  reactions vary from one person to another

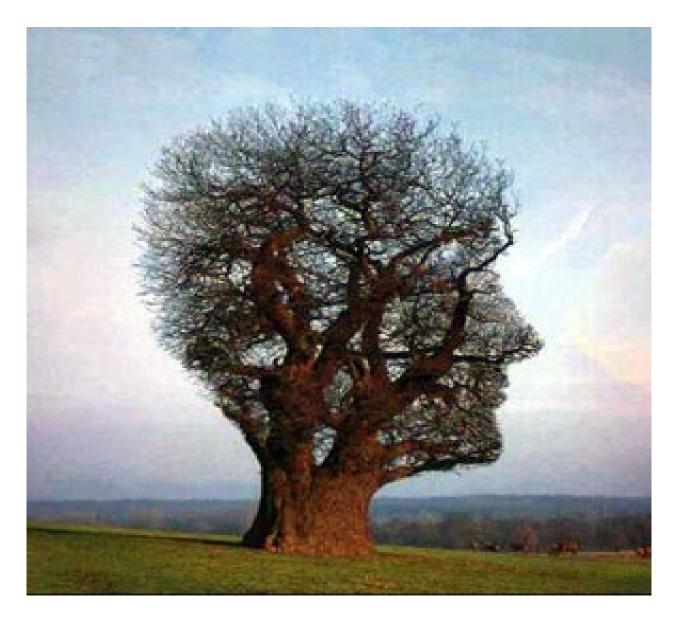
•  $\rightarrow$  various reactions in the same person

To live with a genetic risk is something very complicated



#### Not a clearly defined status

### What can be done with that knowledge?



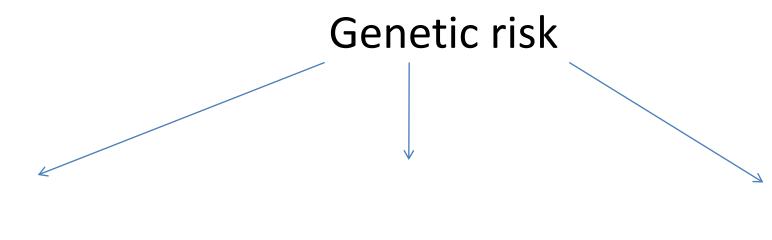
# Surveillance

- Time to watch
- Patients watch themselves
- Patients watch physicians

# Surgery

- Prophylactic mastectomy
- Prophylactic ovariectomy



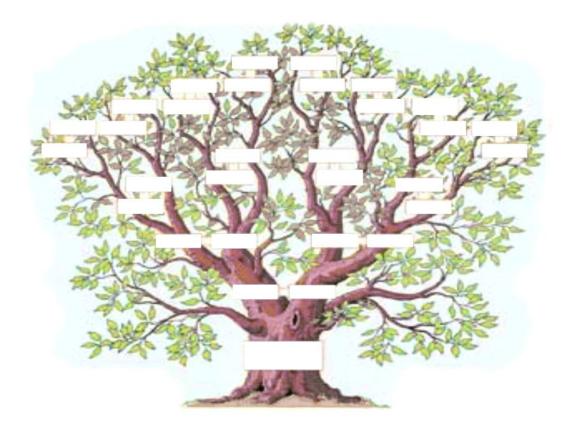


Woman's physical integrity

Interfamily relationship

Filiation Descendants

- Family tree= Back to the family history
- Makes what was hidden resurface
- Secrets, wrongdoing, guilt



# Reconstitution de l'histoire

- > To find one's place in relation to one's line of descent
- ➤To mobilize emotional bonds
- ➢ Heredity
- ➢ Filiation
- Death, sexuality
- ➤ Transmission of life
- ≻ldentity, guilt

# Some women feel themselves freer an it is their belief that it's time for them to live



# I THANK YOU VERY MUCH